

Teenage addicts



*Ирина Алексеевна Башаева,
учитель английского языка
МКОУ СОШ с. Непа*

Цели:урока

образовательный момент

- формирование ключевых компетенций:
Teacher : Good day, dear friends. Today we are going to talk about problems which influence our health. People nowadays are more health-conscious than they used to be. But unfortunately there are bad habits and the worst ones are smoking and drinking alcohol. Do you think that people nowadays smoke more than a century ago? Did children drink alcohol those days? Why do the teenagers drink and smoke now?
- обучение речевой деятельности через монолог, диалог;
развивающие
- развитие коммуникативных навыков в процессе общения;
- создание ситуаций применения полученных знаний и навыков в жизненных условиях;
- формирование активности в решении жизненных проблем и задач, связанных с ведением здорового образа жизни;
Let me introduce our guests: a narcologist and psychologist. We hope you'll take an active part in our conversation and make right decisions.
- участие в создании мини-проектов, отражающих жизненную позицию учащихся;
Родители, нарколога и психолога выполняют учащиеся.

воспитательные

- (Слайды переключаются по щелчку)
формирование осознания ответственности к своему физическому здоровью;
- 2. Основное содержание
технология формирования вредных привычек среди подростков;
- I блок "To live or to smoke"
умение оценивать последствия своих действий.

На уроке применяются:

- III блок "Don't risk! Choose the life"
технология личностно-ориентированного обучения,
- 3. Рефлексия деятельности на уроке
технология коммуникативного обучения иноязычной культуре,
- технология проблемного обучения,
Teacher:
информационно-коммуникационные технологии;
- Mark points according to following items:
метод проблемного обсуждения и беседы, который предполагает сочетание устного изложения учебного материала и постановку проблемных вопросов, вызывающих личностное отношение учеников, их жизненный опыт, знания, полученные вне школы.
interest to the given action;

Используются:

- the importance of problems.
ролевая игра, групповая дискуссия, работа в малых группах.

4. Домашнее задание

Оборудование:

компьютер, проектор, презентация, карточки для ролевой игры, рейтинговая таблица, раздаточный материал для создания мини-проектов; таблица результатов рефлексии.



To live or to smoke

To a young friend!



**Every year almost
10 million children and teenagers
just like many people at your
age worldwide become
addicted to tobacco and to
smoking every day.
Most kids smoke their
first cigarette at 11 or 12
years old. About 1/3 of them will
become regular smokers.
In Great Britain 450,000 kids start
smoking every year.
Do you know you have made
another step towards being an
adult? Unfortunately, for many,
this cigarette turns into a
lifetime addiction to
smoking.
1 million people die every year as a
result of smoking.**



***Are you a good expert in smoking?
Read and choose the right answer.***



***Nicotine is an addictive drug
like alcohol and other narcotics.***

Yes



No

***To many teens smoking is not just a pleasure, it is an addiction.
They need it, depend on it, can't stop it.
If they haven't smoke for some hours,
they feel a craving for a cigarette.***

Scientists have proved that smoke from other people's cigarettes is harmless.

Yes



No

Cigarettes are bad for your own and for your environment health.

***When you are pregnant,
smoking harms your baby.***

Yes



No

***Scientists have developed
a safe cigarette.***

Yes



No

***Do you know that one cigarette contains the
same chemicals found in toilet cleaners?***

***Smoking causes heart problems,
cancer and ulcer.***

Yes



No

***There is a link between smoking and diseases
which can be fatal for you.***

***Smoking is harmful to health and in many countries a
warning is printed on every packet of cigarettes.***

Chain smoking is very bad, but an occasional cigarette with friends won't do any harm.

Yes



No

***Breathing in 40 poisonous chemicals is not a good idea.
But sometimes saying «no» can be difficult.***

How would you behave in such situations?

Your results: Find out how strong-minded you are in your attitude towards smoking. Listen to different opinions A, B, C and choose the type of behavior more suitable for you. Make notes on your papers, please.

1. You are on a first date with a girl/boy. **Mostly As:** You meet in a café. It's really smoky inside.

You are very anti-smoking. This is good attitude and you should continue to be strong-minded.

A - Yuck! I hate smoky places. I would leave immediately.

B - I don't like smoky places but I would ask the waiter to open a window.

C - I don't mind smoky places.

2. You arrive at a party and all your friends are smoking. They try to persuade you to have a cigarette.

Mostly Bs: A - Tell them that they are idiots and close the window. B - Tell them about the dangers of smoking.

You are anti-smoking but you are considerate about people's feeling too.

B - I would enjoy the party without smoking. I don't like anything that hurts my friends.

C - One cigarette won't hurt me. I don't want to feel different.

3. Your older sister/brother has started smoking a packet of cigarettes a day.

Mostly Cs: A - I would be very angry with her/him for having such a disgusting habit.

You have a very relaxed attitude towards smoking.

B - I would be very worried about her/him. I love him/her very much and I don't want her/him to damage his/herself.

C - I wouldn't be very surprised because everyone in my family smokes.

4. Your teenage cousin comes to stay. She/he is desperate to smoke a cigarette and asks you if she/he can smoke in your bedroom.

A - No way! I don't want to breathe in her/his smoke and it will make my bedroom stinky.

B - No, because my parents might smell the smoke and think it's me who is smoking.

C - I feel sorry for her/him because she/he is addicted so I let her/him smoke on the window.



Read the two letters and fill in the gaps with the best options below the text.

I). I don't like when people smoke. I feel sick and get a headache when somebody (1) is smoking besides me. I don't want to (2) put up with a society that supports smokers. I don't approve of the fact that cigarettes (3) are sold in public places. Actually, you can buy them everywhere – in cinemas, in hotels, even in sport centers! Kids watch people smoking and can pick up the bad habit. I think that smoking should be banned in any public place. It's not fair to make other people (4) suffer from headaches just because smokers don't want to give up their habit.

II). I'm a heavy smoker. I (5) have been smoking for fifteen years, and (6) can't do without it. My family criticise me for this unhealthy habit, but I lack the willpower (7) to give it up. So they have to (8) put up with it. The problem is that I suffer a lot when I happen to be in so-called "non-smoking areas". I think that society should (9) provide more places for smokers since there are a lot of us.

1 a) smokers b) is smoking c) are smoking d) smoked

2 a) put on b) put off c) put d) put up with

3 a) are sold b) are supported c) are recommended d) are ignored

4 a) suffer with b) suffer from c) suffer on d) suffer about

5 a) smoke b) smoked c) was smoking d) have been smoking

6 a) can't get along with it b) can't put it off c) can't do without it d) can't get over without it

7 a) to give it up b) to put it on c) to get along d) to put it off

8 a) get over b) get off c) put up with it d) get along with it

9 a) support b) solve c) provide d) expect

Some people feel stressed because smoking is allowed in public places: other feel unhappy because smoking is banned. Study the arguments of smokers and non-smokers. Support either idea with the appropriate arguments.

Smokers: Smoking should be allowed.

A person has the right to choose – to smoke or not to smoke.

It's not a very healthy habit, but it's not a crime.

Smoking helps some people to relax.

Some people to communicate.



Smoking should be allowed in public places.
Non-smokers have to put up with it and shouldn't make such a fuss about it.

Example:

I support smokers / non-smokers.

I believe that smoking in public places should be allowed / banned...

Non-smokers: Smoking should be band.

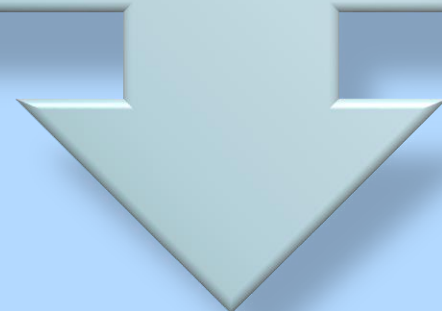
Every person has the right to healthy life.

It's impossible to escape smoke if there is a smoker around.

Family members and and/or colleagues have no choice – they have to inhale smoke together with the smoker.

It's very unpleasant to speak to a person who is smoking.

Smoke can cause very serious diseases.



People shouldn't put up with smoking since it's risk to their health. Smoking should be banned in all public places/in most public places/in some public places.

To live or to drink



*People these days are thinking less
and drinking more.*

Eartha Kiti, singer

You should know that...



alcohol is the leading cause of death
alcoholism, which is also known as "alcohol
it can cause about 900,000 deaths a year,
dependence syndrome. It is a disease with
Aren't you shocked by the facts?
die as a result of alcohol in a year.
accidents and unsafe sex,
and environmental factors
drinking increases the risk of violence.

Why do teenagers drink?

Look at the reasons, rate them according to their preferences and try to explain your decision.

I'm just curious.

Because my parents tell me not to drink.

It helps me relax and be friendly.

There's nothing else to do.

Everybody's doing it.

Teens drink for individual reasons.

Discuss problems in groups and give your opinions.

Do teens think that they are drinking alcohol while drinking beer?

When do teens get alcohol dependence?

What problems does alcohol cause?



Don't risk!



Choose the life!

I want you to make up a poster or a leaflet on the topic of our conversation.

Список литературы

1. Английский язык. 9 класс. Конспекты занятий по курсу «Дети и молодежь в Англоязычных странах: жизнь, проблемы, права и обязанности»: элективный курс/ сост. Л.В, Абакумова. – Волгоград: Учитель, 2006. – 183 с.

2. Английский язык. 9 класс. Конспекты занятий по курсу «Дети и молодежь в Англоязычных странах: жизнь, проблемы, права и обязанности»: элективный курс/ сост. Л.В, Абакумова. – Волгоград: Учитель, 2006. – 183 с.

3. Кульневич С.В., Лакоценина Т.П.-Совсем необычный урок: практическое пособие для учителей и классных руководителей – Воронеж:ЧП Лакоценин С,С., 2006. – 159 с.

Интернет-ресурсы <http://images.yandex.ru/>